

MANSON CREEK RESOURCES LTD.

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Manson Creek Confirms Mineralization on Virgin Arm Gold Project

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce the successful completion of its due diligence examination on the Virgin Arm Gold Project located 65 kilometers from Gander, Newfoundland.

In the course of the due diligence visit, Company personnel inspected gold showings over a three kilometer strike length and samples were collected from a number of the locations with results pending. The showings are in strongly altered felsic dykes and sills containing coarse to fine sulphides including pyrite and arsenopyrite. Reported sampling of these areas has returned exceptional assays including 99.7 grams per tonne gold to 127.0 grams per tonne gold. A sample of the till adjacent to mineralized outcrop was panned in the field during the due diligence visit and it produced fine gold in the pan.

The style and mode of alteration and mineralization is analogous to the Donlin Gold deposit in Alaska that is one of the largest undeveloped gold deposits in the world.

Manson Creek has received regulatory approval for the acquisition and pursuant to the option agreement can acquire 100% of the Virgin Arm property through staged cash payments and share issuances over a period of four years.

The Virgin Arm project is an excellent addition to Manson Creek's portfolio of historically underexplored early stage gold projects. Details on the option agreement are available in the November 5, 2009 news release (NR 09-10).

The qualified Person responsible for this news release was the President of the Company, Regan Chernish, P.Geol.

"Regan Chernish"

Regan Chernish, P. Geol.,
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.