

December 1 2008 - Gravity West Mining Corp. (TSX-V: GRW) is pleased to announce it has commenced a ground gravity survey on the first priority aeromagnetic targets E1, E2, and F on the Saint Urbain Titanium Project.

Géosig Inc. of Quebec is contracted to complete a 50 line-km of ground gravity survey on three high priority targets. The survey will consist of 100 m line spacing and 50 m stations totalling approximately 1,000 stations. Field crews were mobilized to the property on November 24.

The gravity survey currently in progress is using a Lacoste & Romberg G Model gravity meter. Field gravity readings are being taken every 50 m. Field data is linked to a base station established on site. Repeat readings will be taken as a proof of the integrity of the acquisition systems. Repeats consist of re-occupying a station of the previous days surveying. The positioning and levelling is being done with two Trimble RTDGPS (RTK Model R8GNSS) base station systems. A GPS base station is established with the on line service SCRS-PPP system.

Livio Susin, President of Gravity West, says: "I am pleased with the progress of our exploration program at Saint Urbain titanium project. We have collected significant amount of exploration data on the property within a short time frame which will help in moving this project forward."

About Saint Urbain Titanium and Iron Project

Gravity West is the 100% owner of the Saint Urbain Iron and Titanium Property consisting of 250 claims covering 14,522.71 hectares in two claim blocks located south of Saint Urbain in of province of Quebec, Canada. Historical exploration work on the Eastern Claim Block has intersected ilmenite mineralization in drill holes and identified gravimeter and magnetometer survey anomalies. The Western Claim Block is located adjacent to past producing titanium mines including the Mine Bignell, Mine Coulombe, Bouchard, and Mine General Electric, which produced over 500,000 tonnes of ore.

The company's objective is to determine the economic viability of the Saint Urbain Project by carrying out a phased exploration program, metallurgical testing, mine planning and development studies.

About Gravity West Mining Corp.

Gravity West Mining Corp. (TSX-V: GRW) is a Vancouver based publicly traded Canadian company. The company's focused is on creating shareholders value through acquisition and development of advanced stage exploration and mining projects. Currently the company is focused on obtaining projects with potential cash flow in the near future.

Currently, Gravity West holds key land positions in Canada's Ontario Sibley Basin (uranium, copper, nickel, and PGE prospect), Great Bear Magmatic Zone and Hornby Bay Basin in the Northwest Territories (IOCG and uranium prospect), Northern British Columbia's Red Chris Mine area (copper/gold porphyry prospect), South Maverick Property in Athabasca Basin (unconformity type uranium prospect), and Saint Urbain Iron and Titanium Project in Quebec.

Technical information in this news release has been reviewed by Afzaal Pirzada, P.Geo., VP Exploration of the company and a Qualified Person as defined in NI 43-101.

ON BEHALF OF THE BOARD OF DIRECTORS

"Livio Susin"

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