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**Northern Freegold Intersects 1.27 metres of 410.00 g/t Gold
within 9.36 metres of 70.19 g/t Gold
in Nucleus Zone at Freegold Mountain, Yukon**

Vancouver, BC: January 14, 2009. Northern Freegold Resources Ltd. (NFR: TSX-V) is pleased to announce results from 17 additional drill holes in the Nucleus Zone at the district scale 166 sq km (64 sq mile) Freegold Mountain Project in the Yukon Territory. Eight drill holes were step out holes focused in the vicinity of the higher grade trend of the Nucleus Zone where previously announced drill holes GRD08-068 intersected 3.25 m of 100.69 g/t gold within 37.80 m of 10.41 g/t gold (see press release dated June 9, 2008) and GRD08-073 which intersected 1.23 m of 92.74 g/t gold within 46.96 m of 9.6 g/t gold (see press release dated July 29, 2008). **Hole GRD08-099 intersected 1.27 m (4.17 feet) of 410.00 g/t (11.96 oz/t) gold within 9.36 m (30.71 feet) of 70.19 g/t (2.05 oz/t) gold (7.67 m/25.16 feet true width).**

Highlights of High Grade Trend Holes

Hole No.	Length (m)	From (m)	To (m)	Interval (m)	Interval (feet)	Au (g/tonne)	Au (oz/ton)	Cu %
GRD08-099	303.38	109.64	119.00	9.36	30.71	70.19	2.05	0.21
Incl.		109.64	114.55	4.91	16.11	130.79	3.81	0.37
And		113.28	114.55	1.27	4.17	410.00	11.96	0.72
GRD08-103	313.95	64.46	71.09	6.63	21.75	5.19	0.15	0.54
Incl.		67.53	71.09	3.56	11.68	9.16	0.27	0.74
And		69.85	70.24	0.39	1.28	32.80	0.96	1.26
GRD08-103		196.27	203.96	7.69	25.23	2.92	0.09	0.22
Incl.		202.1	203.96	1.86	6.10	6.67	0.19	0.47

Step out drilling following up on bulk tonnage targets to the northeast and southeast intersected **4.99 m (16.37 feet) of 4.18. g/t gold in Hole GRD08-090 and 31.48 m (103.25 feet) of 1.24 g/t gold in Hole GRD08-112.**

Highlights of Northeastern and Southeastern Holes

Area	Hole No.	Length (m)	From (m)	To (m)	Interval (m)	Interval (feet)	Au (g/tonne)	Au (oz/ton)	Cu %
Northeast	GRD08-090	269.75	77.74	100.08	22.34	73.28	1.28	0.04	0.02
	Incl.		77.74	82.73	4.99	16.37	4.18	0.12	0.02
Northeast	GRD08-079	308.07	102.26	125.34	23.08	75.72	0.75	0.02	0.08
	Incl.		114.62	117.2	2.58	8.46	3.55	0.10	0.39
Southeast	GRD08-112	224.03	39.93	71.41	31.48	103.25	1.24	0.69	0.05
	Incl.		61.00	63.00	2.00	6.56	4.55	0.13	0.02

For further information, please contact Sarah Longhurst, Investor Relations Manager at 877.893.8757 or 604.893.8757. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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Nucleus Zone (partial results)

The Nucleus Zone is located in the western portion of the Freegold Mountain Project. A total of 53 holes were drilled in 2008 in the Nucleus Zone (13,287 m/45,352 feet). Results received from 6 previously reported holes drilled in the Nucleus in 2008 indicated the presence of gold-rich (abundant visible gold in some samples) sulphide lenses in addition to hydrothermal vein style mineralization. The high grade ***lenses returned 3.25 m of 100.69 g/t gold within 37.80 m of 10.41 g/t gold and 2.34 m of 92.74 g/t gold within 46.96 m of 9.60 g/t gold*** (see press releases dated June 9, 2008 and July 29, 2008). ***Hole GRD08-099 included in this news release intersected 1.27 m of 410.00 g/t gold within 9.36 m of 70.19 g/t gold in a gold-rich±copper skarn.*** Drill sections and a 3D visualization can be viewed at www.corebox.net or by following a link on the Company's website at www.northernfreegold.com. Significant results from the seventeen drill holes included in this news release are listed in the table below.

The Nucleus Zone was originally identified as a low grade bulk tonnage near surface gold target. The majority of past exploration drilling focused on targeting the low grade bulk tonnage gold mineralization that appears to be associated with porphyritic dykes and breccia zones oriented in a general northwest-southeast direction. High grade gold bearing quartz + chalcopyrite ± pyrite veins and gold bearing infill in breccias, and gold-rich ± copper skarns have now been also indentified in a different orientation within the Nucleus zone area. Data generated from oriented core analysis coupled with ongoing geological modeling of the Nucleus zone has revealed that the gold-rich ± copper skarns encountered to date appear to follow the east-west orientation of the foliation within the metasediments and that a set of gold bearing quartz + chalcopyrite ± pyrite veins also trend east-west. Of the 20 holes drilled in the eastern area of the zone, a total of 8 holes intersected the gold-rich±copper skarn, of which 5 have been released to date (GRD08-68, 71, 73, 99 and 103).

Thirteen holes were drilled in the northeast part of the Nucleus Zone following up on results from rotary holes drilled in the same area in 2007. The holes were drilled at 50 m spacing and are all step out holes. Significant results were returned from at least two of the holes, including ***23.08 m of 0.75 g/t gold in GRD08-079 and 4.99 m of 4.18 g/t gold in GRD08-090.*** Results are still pending for the remaining seven drill holes in this area. Five holes were drilled as step out holes to the southeast. GRD08-112 reported in this release ***intersected 31.48 m (103.25 feet) of 1.24 g/t gold.*** Results are still pending for 3 more holes in the southeastern area.

Modeling of the geology and the petrogenesis of the mineralization is in process. A NI 43-101 compliant resource will be calculated on the Nucleus Zone in 2009 once the results from the remaining 30 holes are received and interpreted. The new geological model will help define targets to expand mineralization which is open in all directions and to depth.

Bill Harris, CEO & COO commented *"The company is very pleased that ongoing drill results along the east side of the Nucleus Zone continue to return exceptional high grade gold intervals within the newly discovered gold rich skarn, and over long drill hole intersections as demonstrated in the 9.36 m of over 70 g/t gold intersected in hole GDR08-099. We are also pleased with the consistency of lower grade bulk tonnage drill hole intervals that are being returned as well. We are looking forward to the results from the 30 drill holes still pending at the Nucleus Zone"*.

Freegold Mountain Project

The Freegold Mountain Project is a road accessible district scale property that covers 166 square km (64 square miles). Within the project expanse are at least 20 known mineralized zones, some with historical resource estimates (not compliant with NI 43-101). Northern Freegold has been actively drilling on five of those zones (2% of the total project area), two of which to calculate NI 43-101 resource calculations at the end of the 2008 program (Nucleus and Tinta), and 3 of which are still at an exploration stage (Goldy, Stoddart, Ridge).

The district scale Freegold Mountain Project is situated within the Dawson Range portion of the Tintina Gold Belt, characterized by plutonic rocks of the ca 100 million year old Cretaceous Dawson Range Batholith and Early Jurassic metaplutonic rocks, intruding Devonian-Mississippian metavolcanic and metasedimentary rocks of the Yukon-Tanana terrane. The Dawson Range is a well-mineralized belt over 100 km long, extending from Mount Freegold northwesterly to the Casino copper-gold porphyry deposit. This belt is transected by the west-northwest trending Big Creek Fault, which provides the locus for many mineral occurrences including placer gold deposits, porphyry gold-copper mineralization, gold veins and breccias. The Freegold Mountain Project covers a 35 km long section of this belt.

Tinta Zone

The Tinta Zone, located 22 km to the east from the Nucleus Zone, is a high grade gold-silver-copper polymetallic vein system. The 2008 program was focused on drilling the vein system such that a NI 43-101 compliant resource may be calculated at the Tinta Zone, upon receipt of results. A total of 17 holes totaling 3,807 m (12,487 feet) have been drilled. ***Results are pending on all 17 holes.***

Stoddart Zone

The Stoddart Zone is located 8 km from the Nucleus Zone. Two holes, testing a soil geochemical anomaly, drilled at the end of the 2007 program intersected porphyry style mineralization at the Stoddart Zone. A total of 10 holes totaling 2560 m (8,397 feet) have been drilled in 2008 to expand upon the 2007 discovery of porphyry mineralization. ***Results are pending on all 10 holes.***

Quality Control and Assurance. The holes were drilled by a skid mounted diamond drill with NTW core size (5.6 cm/2.2 inches in diameter). All core samples from diamond drilling are split and sent to EcoTech Laboratory in Whitehorse for sample preparation and then to EcoTech Laboratory in Kamloops for analysis. Blanks, commercial standards and duplicate core samples are included in each batch.

To determine Au levels at the ppb level (detection limit 5-1000 ppb) 30 g samples are fire assayed then digested in aqua regia solution and analyzed by atomic absorption. Over-limit values are re-assayed by fire assay and then digested with aqua regia and then re-analyzed by an atomic absorption instrument (detection limit 0.03 g/t). Other elements are analyzed by a 29 elements package (ICP-AES analysis). Additional check-analyses will be carried out by ALS-Chemex in North Vancouver.

Intervals reported in this release do not necessarily represent true widths of mineralization.

The technical information disclosed in this release has been reviewed and approved by Dr. Fabrizio Colombo, P.Geo.

Northern Freegold is a well financed Canadian-based resource exploration and development company which relies on local expertise and strong management to focus on development of economic reserves on the district-scale Freegold Mountain Project in the Yukon and Arizona.

Northern Freegold Resources Ltd.

On behalf of the Board of Directors

Signed "Susan P. Craig"

**Susan P. Craig
President**

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain forward-looking statements including but not limited to comments regarding the timing and content of upcoming work programs, geological interpretations, receipt of property titles, potential mineral recovery processes, etc. Forward-looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements.

High Grade Trend Holes

<i>Hole No.</i>	<i>Length (m)</i>	<i>From (m)</i>	<i>To (m)</i>	<i>Interval (m)</i>	<i>Interval (feet)</i>	<i>Au (g/tonne)</i>	<i>Au (oz/ton)</i>	<i>Cu %</i>
GRD08-099	303.38	12.38	18.58	6.20	20.34	0.58	0.02	0.04
GRD08-099		42.00	47.00	5.00	16.40	0.51	0.01	0.07
GRD08-099		109.64	119.00	9.36	30.71	70.19	2.05	0.21
incl.		109.64	114.55	4.91	16.11	130.79	3.81	0.37
and		113.28	114.55	1.27	4.17	410.00	11.96	0.72
GRD08-101	251.46	*						
GRD08-103	313.95	64.46	71.09	6.63	21.75	5.19	0.15	0.54
incl.		67.53	71.09	3.56	11.68	9.16	0.27	0.74
and		69.85	70.24	0.39	1.28	32.80	0.96	1.26
GRD08-103		196.27	203.96	7.69	25.23	2.92	0.09	0.22
incl.		202.1	203.96	1.86	6.10	6.67	0.19	0.47
GRD08-103		212.31	214.23	1.92	6.30	3.15	0.09	0.38
GRD08-105	298.71	*						
GRD08-108	173.74	135.55	137.16	1.61	5.28	1.90	0.06	0.02
GRD08-108		144.1	146.31	2.21	7.25	1.35	0.04	0.04
GRD08-116	137.16	*						
GRD08-089	134.11	*						
GRD08-092	215.19	*						

*Results less than 2.5 g/t/m were not reported in this table

Southeastern Holes

<i>Hole No.</i>	<i>Length (m)</i>	<i>From (m)</i>	<i>To (m)</i>	<i>Interval (m)</i>	<i>Interval (feet)</i>	<i>Au (g/tonne)</i>	<i>Au (oz/ton)</i>	<i>Cu %</i>
GRD08-083	255.43	13.1	18.29	5.19	17.03	0.48	0.01	0.12
GRD08-083		43.13	50.81	7.68	25.20	1.54	0.05	0.03
GRD08-112	224.03	39.93	71.41	31.48	103.25	1.24	0.69	0.05
incl.		39.93	50.29	10.36	33.99	1.37	0.04	0.02
incl.		57.18	71.41	14.23	46.69	1.67	0.05	0.08
and		61.00	63.00	2.00	6.56	4.55	0.13	0.02
GRD08-112		171.70	175.20	3.50	11.48	1.56	0.03	0.01

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Northeastern Holes

<i>Hole No.</i>	<i>Length (m)</i>	<i>From (m)</i>	<i>To (m)</i>	<i>Interval (m)</i>	<i>Interval (feet)</i>	<i>Au (g/tonne)</i>	<i>Au (oz/ton)</i>	<i>Cu %</i>
GRD08-079	308.07	102.26	125.34	23.08	75.72	0.75	0.02	0.08
incl.		114.62	117.2	2.58	8.46	3.55	0.10	0.39
GRD08-079		129	132.59	3.59	11.78	0.79	0.02	0.03
GRD08-084	257.56	228.45	232.15	3.7	12.14	1.13	0.03	0.04
GRD08-086	213.36	167.35	172.25	4.9	16.08	0.82	0.02	0.11
GRD08-090	269.75	46.70	50.49	3.79	12.43	0.93	0.03	0.06
GRD08-090		77.74	100.08	22.34	73.28	1.28	0.04	0.02
Incl.		77.74	82.73	4.99	16.37	4.18	0.12	0.02
GRD08-090		87.89	88.94	1.05	3.44	2.36	0.07	0.01
GRD08-095	257.55	*						
GRD08-096	280.42	141.30	148.60	7.30	23.95	0.43	0.01	0.13
GRD08-098	276.76	237.20	241.09	3.89	12.76	0.74	0.02	0.05

*Results less than 2.5 g/t/m were not reported in this table

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